

Some children may be more at risk for the negative consequences of Electronic Screen Use

- The child who seems to love screens more than his peers or siblings
- Boys have a higher incidence of video game addiction than girls
- Young people with Autism Spectrum Disorders
- Anyone with ADHD, ADD or increased impulsivity
- Having pre-existing mental health issues such as anxiety or depression
- Introverted, socially isolated or socially awkward individuals
- Family history of any type of addiction
- Having experienced trauma, or high family conflict
- Anyone who uses technology as an escape from emotional or social problems
- Chronic medical conditions or physical disabilities
- Sensory integration issues
- The **younger** one starts using technology and the **more time spent** on screens increases one's risk of problematic use
- Use of **pornography, certain video games and social media** appear to have the highest addictive potential